



Shawna Robins

Motivational Speaker, Best-Selling Author, Sleep Expert, Health & Wellness Coach

SIGNATURE TOPICS

Highly energetic, vibrant and dynamic, Shawna Robins is a compelling motivational speaker. As an international best-selling author, Shawna understands how exhausted and frustrated executive women are living in today's world. Shawna's mission is to inspire women to reclaim their sleep and take back their power.

- ✓ Women Empowerment
- ✓ Wellness and Self-care
- ✓ Managing Anxiety and Stress
- ✓ Reclaiming Your Sleep
- ✓ Prioritizing Health and Nutrition for Executive Women
- ✓ Brain Health and Hormone Health

LUMEN®

WOMEN'S
TRAVEL
WISDOM

IACC

International Association of Career Coaches

WOMEN OF
SILICON VALLEY

COLLABORATION PACKAGES

PACKAGE A

- Professional Keynote Speaking
(up to 60 minutes)
- Social Media Feature

PACKAGE B

- Half-Day Corporate Seminar
- Professional Keynote Speaking
- Social Media Feature

PACKAGE C

- Full-Day Corporate Seminar
- Professional Keynote Speaking
- Blog & Social Media Feature

CLIENT FEEDBACK

"Thank you so much for presenting this morning! The information you shared was so valuable."

*Sarah Neas, Lumen
Technology*

"We love your presentation on wellness, which included important tips around self-care and staying energized. Many of us are sitting at our desks all day and we often forget to prioritize our own well-being."

Michelle Traino, IACC



Contact me to customize
your next event

Get in Touch!

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